## Support Assets

Cristy Hoover Daniel Limbrick Kassandra Marten Shannen Stephanie Runyon

The positive assets that are present in a youth camp setting

## **Community Partners**

- Partner with community churches that want to help support, sponsor, and volunteer to serve as a part of the youth camp.
- Partner with local schools who would like to have annual retreats at the camp.

# Other Adult Relationships

- A relationship with an adult other than a parent
  - A camp environment will give children the opportunity to build relationships with adults.

# **Community Values Youth**

- The children perceive that the adults value the youth
  - In a camp setting it will be present and seen by the youth that the adults to care about their youths values and concerns

#### Youth as Resources

- Young people are given useful roles in the community
  - Will let the youth be more involved in choosing activities and setting things up

#### Service to Others

- Young person serves the community
  - Youth camps often offer many different types of service learning hours to do as a group

# Safety

- Young person feels safe in the neighborhood
  - Safety is a top priority in youth programs and makes sure that the campers feel the same way

#### Restraint

- At camp kids would have a positive atmosphere where they could have a lot of activities to keep them busy.
- Camps could have positive adult relationships with camp counselors and good role models.
  Help kids build a positive self-image and confidence

# Planning and Decision Making

- Camps can offer many activities that could help kids find out what they like and what they are good at. Activities such as sports, art, drama etc.
- Camps can emphasize on goals and dreams and helping kids to build the confidence to obtain them.

## Interpersonal Competence

- Camps gives kids the opportunity to interact with other kids.
- Activities can teach kids how to be team players.
- Camp leaders can make respect a part of everything they do at camp and should be good examples themselves.

## **Cultural Competencies**

- Camps can have a cultural night where kids get to share their cultures food and other fun stuff to help everyone learn the beauties of other cultures.
- Camp leaders should try to avoid groups divided by race.

#### **Adult Role Models**

- Parent(s) and other adults model positive, responsible behavior
- Camp allows children to create positive relationships with their counselors and other adults

## POSITIVE PEER INFLUENCE

Young person's best friends-model responsible behavior-/\(\frac{1}{2}\)\(\frac

#### HIGH EXPECTATIONS

- Both parent(s) and teachers encourage the young person to do well
- Camps have initiatives such as Camper of the Week/Year as well as Catch Being Good awards that encourage good behavior

## **CREATIVE ACTIVITIES**

- Young person spends three or more hours per week in lessons or practice in music, theater, or other arts
- Most camps have children participating in these activities on a daily basis

#### YOUTH PROGRAMS

- Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community
- Camp have a large focus on sports which helps promote team building techniques and fair play

#### **YMCA**

- America's YMCAs commit to extend our charitable heritage by directly engaging 25 million children and adults from all segments of our communities in achieving health of spirit, mind and body by 2012.
- Every child and youth will deepen positive values, their commitment to service and their motivation to learn.
- Every family will build stronger bonds, achieve greater work/life balance and become more engaged with their communities.
- Every individual will strengthen their spiritual, mental and physical well-being.

## YMCA: Health and Well-being

■ All YMCAs are working to combat rising levels of obesity and promote healthy living for millions of Americans through YMCA Activate America₁. Three-fifths of YMCAs (1,525) have committed to this bold approach to directly address the nation¹s growing health crisis by engaging communities across the country to support people of all ages in their pursuit of well-being in spirit, mind and body.

## YMCA: Family Strengthening

■ Ys help families build stronger bonds, achieve greater work/life balance and become more engaged with their communities. Millions of families participate in YMCA programs. Nearly 900 YMCAs offer family-specific programs: 621 provide family fitness programs, 250 offer family camp, and 672 offer Adventure Guides or similar programs that have been bringing parents and children together since 1926.

## YMCA: Volunteers

Volunteer founded and volunteer led, YMCAs depend on the generosity and dedication of their 563,282 volunteers across the country to meet the unique needs of each community. Volunteers are at the center of YMCA operations from reading to preschoolers to teaching swimming and working with seniors.

#### YMCA: Children and Youth

Every day, Ys help children and youth to deepen positive values, their commitment to service and their motivation to learn.

#### Boys and Girls Club: Santa Ana

- Our Mission: To promote the positive and healthy development of youth, especially from disadvantaged circumstances, by providing services in a safe environment that build the skills, civility and selfconfidence necessary to succeed in a competitive world.
- Our Vision: To provide safe places and resultsbased programs where young people learn, grow, have life changing experiences, and establish ongoing relationships with caring adult professionals that will lead to opportunity, accomplishment and a life as productive, responsible adults.

# Outcomes of the camp program

- Positives values
- Motivation
- Integrity
- Responsibility
- Team building

# Outcomes of the camp program cont.

At camps there are a lot of team building activities such as the <u>Blindfold Trust Run</u>, <u>Crocodile Race</u> and more and these activities will help enhance the team building experience for the campers.

## Need for camp programs

- Obesity in children is growing
- New experiences
- Nature
- Building a strong youth for tomorrows future

#### **Process**

At the start up point we came up with a dynamic mission statement to declare our camp a non profit. By declaring our camp non profit we were able to come up with funds. Our first contribution came from the- Office of Juvenile Justice and Delinquency Prevention.

#### Process cont.

- Second contribution came from- The Marquette Community Foundation, who offers money for, requests that have imaginative and experimental approaches to new endeavors within the community.
- Then we searched for outright Funds. Outright Funds- are awarded by NEH and are not contingent on additional fund-raising.

#### Cont.

■ Then we searched for Federal Matching Funds, which require a grantee to secure gift funds from third parties before federal funds are awarded. Except for Challenge Grants, NEH matching awards are made on a one-to-one basis.

#### Cont.

In addition to getting grants and awards we also decided to take a loan from the bank. the bank considered a low risk first time loan because we had already had enough money to start our camp. We took a loan to make sure we had everything covered from food to the medical insurance we needed.

# The best camps belong to the American Camp Association

- ACA Mission
  - The mission of the American Camp Association is enriching the lives of children, youth and adults through the camp experience
  - What is ACA?
- ACA works to preserve, promote, and improve the camp experience. Our association is committed to helping our members and all camps provide the following assets:

## **Getting Accredited**

- Standards
  - ACA accredited camps are held up to 300 standards that pertain to health, safety, and program quality. These standards are checked every 2 years and camps accreditation is renewed.
  - ACA Assets:
- · Camp communities committed to a safe, nurturing environment
- · Caring, competent adult role models
- Healthy, developmentally-appropriate experiences
- · Service to the community and the natural world
- Opportunities for leadership and personal growth
- Discovery, experiential education, and learning opportunities
- Excellence and continuous self-improvement

#### References

About YMCA

http://www.ymca.net/about\_the\_ymca/

Boys and Girls Club of Santa Ana

http://www.boysandgirlsclub.com/

Alan Wright website Spring 08 RTM 300 Research into developmental assets

http://www.csun.edu/~vcrec004/